



THRC Inventory

Please contact us at 905-875-4600 x101 or info@thrc.ca with any request for borrowing our resources.

Department	Resource Name	Bin Number
Self-Regulation	Calming	11731
	Calming Down with Music and Movement	948
	Help Me Keep My Body Calm	11454
	Naptime Support	5045
	Self-Regulation: Fidget Resources	6514
	Self-Regulation: Find Your Calm	11773
	Self-regulation: Strategies and Tools	6515
	Tactile Exploration	3252
	Understanding Feelings	1887