

PHYSICAL DISTANCING

INFORMATION AND INSPIRATION

Excerpt from Operational Guidance during COVID-19 Outbreak, Ministry of Education

"The Ministry recognizes that physical distancing between children in a child care setting is difficult and encourages child care staff and providers to maintain a welcoming and caring environment for children." (Pg. 21)



HOW CAN WE PROMOTE PHYSICAL DISTANCING IN CHILD CARE?

- Provide activities and materials on bins/trays to promote individual play
- Use chairs at the tables to show how many children at each table; space chairs out around table for optimal distancing
- Place mats on the floor to create individual play spaces
- Use visuals to explain physical distancing e.g. markings like arrows on the floor to stand on or follow
- Stagger transition times/utilize small groups as much as possible
- Use redirection to promote spacing between children's activities e.g. "let's try digging over here"
- Move as much of the day outside as possible to allow for more space
- At rest time, if there isn't room to adequately space out cots, children can be placed head to toe or toe to toe.

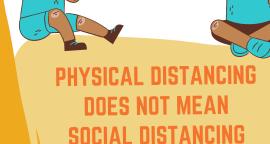








"ONCE THE CHILDREN AND STAFF WERE
SCREENED AND IN THEIR 'PODS'
(CLASSROOMS), THEY WERE TREATED AS
(CLASSROOMS), THEY WERE TREATED AS
FAMILY UNITS AND WERE ABLE TO INTERACT
JUST AS WE DO WITH OUR OWN FAMILIES
WITHIN HOUSEHOLDS." - EMERGENCY CHILD
CARE OPERATOR IN HURON COUNTY"
(BO-HDLH, PG. 4)





WHAT COULD YOU TRY IN YOUR PROGRAM TO "PROMOTE" PHYSICAL DISTANCING INSTEAD OF "POLICING" IT?

ADDITIONAL RESOURCES

Operational Guidance document

School age Operational Guidance document

Building on How Does Learning Happen

Reopening Childcare FAQs