

EXCLUSION PERIODS FOR THOSE WHO WERE NOT TESTED FOR COVID-19

Halton Region Public Health recommends that any individual with COVID-19 symptom(s) complete the Ontario COVID-19 School and Child Care Screening daily and follow the direction provided from the results.

Length of Exclusion	Symptoms	Return to Child Care
Minimum of 24 hours	Person presents with only one of the following (which is not related to other known causes or medical conditions): <ul style="list-style-type: none"> - sore throat - stuffy or runny nose - headache - nausea, vomiting and/or diarrhea - fatigue, lethargy, malaise - muscle aches 	Did not seek medical attention. Return if: <ul style="list-style-type: none"> - they pass the Ontario COVID-19 School and Child Care Screening tool; and - individual does not have a fever (without using fever reducing medication); and - it has been at least 24 hours since their symptom started improving. Household contacts without symptoms may continue to go to child care/work
Minimum of 24 hours	Person presents with more than one of the following symptoms (which is not related to other known causes or medical conditions): <ul style="list-style-type: none"> - sore throat - stuffy or runny nose - headache - nausea, vomiting and/or diarrhea - fatigue, lethargy, malaise - muscle aches 	Visited health care provider. Health care provider must confirm that: <ul style="list-style-type: none"> - symptoms are not due to COVID-19; and - testing is not recommended Return only after 24 hours of symptom improvement , provided: The individual does not have a fever (without using fever reducing medication) Household contacts without symptoms may continue to go to child care/work
10 days	Person presents with more than one of the following symptoms: <ul style="list-style-type: none"> - sore throat - stuffy or runny nose - headache - nausea, vomiting and/or diarrhea - fatigue, lethargy, malaise - muscle aches 	Did not seek medical attention. Isolate for 10 days from symptom onset. When the 10 days is complete, individual can return so long as: <ul style="list-style-type: none"> - they can pass the School and Child Care COVID-19 screening tool; and - they do not have a fever (without using fever reducing medication); and - it has been at least 24 hours since their symptoms started improving. Household contacts without symptoms may continue to go to child care/work
10 days	Person presents with any one of the following symptoms: <ul style="list-style-type: none"> - fever of 37.8°C/100°F or greater - chills - cough - barking cough - shortness of breath - decrease in or loss of taste - decrease in or loss of smell 	Did not seek medical attention. Isolate for 10 days from symptom onset. When the 10 days is complete, individual can return so long as: <ul style="list-style-type: none"> - they can pass the School and Child Care COVID-19 screening tool; and - they do not have a fever (without using fever reducing medication); and - it has been at least 24 hours since their symptoms started improving. Household contacts without symptoms may continue to go to child care/work
14 days	Person can answer yes to any of the following: <ul style="list-style-type: none"> - They have travelled outside Canada in the last 14 days; - In the last 14 days they have been identified by public health as a close contact of someone with COVID-19; - A doctor, health care provider or public health told them that they should currently be isolating; - In the last 14 days they have received a COVID Alert exposure on their cell phone; - 	Isolate for 14 days, do not leave the home except for testing or a medical emergency. If symptoms develop, speak to a medical professional for an assessment and to determine if a COVID-19 test is necessary. When the 14 days is complete, the individual can return to child care so long as they pass the Ontario COVID-19 School and Child Care Screening Tool. Household contacts without symptoms may continue to go to child care/work.
20 days	Person experienced severe illness requiring ICU level care or those with severe immune compromise	Isolate from onset of symptoms